



Conducting Face-Offs

X-Ice



Face-offs:



Location ... *all* x-ice face-offs are at “center ice:”

- ✓ Start of the game, of a period
- ✓ After a goal scored
- ✓ After a penalty

When we do *not* have a face-off:

- ✓ Line-changes (play continues)
- ✓ Goaltender freezes puck (direct attacking team to allow defending team to advance the puck)
- ✓ Puck out of play (toss the puck you have put in your pocket into playing area)

How to drop the puck:



▶ Stance:

- Square to the players, 30 cm from dot
- Feet shoulder width apart, knees slightly bent
- Puck held in non-whistle hand
- Head up and looking forward

▶ Holding the Puck:

- Thumb on top, forefinger along the side
- Just below belt height level, puck-hand extended out from the body so that centers can see puck

▶ Dropping the Puck:

1. Downward motion, keeping puck flat
2. Bend knees as you push puck downward
3. Puck must land flat and remain stationary
4. Puck must land on center of face-off spot
5. Do not flick wrist prior to puck drop
6. Push the puck to the ice partners

✓ Face-off must be fair!





Moving into Position After Face-Off

1. Drop puck
2. Pause to view play
3. Look behind you
4. Back to side boards (Not too fast! You want players to see you.)
5. Keep play in front of you
6. Proceed to position facing play
7. Hustle only when clear to move

Players' Positions



▶ Centers:

- Stick on the ice
- Shoulders square with end boards

▶ Other Players:

- Same side of circle as center

▶ Which official is responsible for which players?

- Official conducting face-off
 - Centers and players in front of him
- Partner
 - Players behind the official conducting the face-off

Conducting face-offs

- ▶ One Referee at center ice (facing partner)
- ▶ Partner on opposite side of ice
- ▶ When puck is dropped, free referee moves with the play
- ▶ Continually switching ends throughout the game

